

Tre Bella's Dance Studio - Summer Camp Program:



Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15 Arrival	9:00-9:15 Arrival	9:00-9:15 Arrival	9:00-9:15 Arrival	9:00-9:15 Arrival
9:15-9:45 Meet/Rules/Name Game	9:15-9:45 Stretching & Warm Up	9:15-9:45 Stretching & Warm Up	9:15-9:45 Stretching & Warm Up	9:15-9:45 Stretching & Warm Up
9:45-10:15 Stretching & Warm Up	9:45-10:15 Tumbling	9:45-10:15 Tumbling	9:45-10:15 Tumbling	9:45-10:15 Tumbling
10:15-11:00 Ballet	10:15-11:00 Ballet	10:15-11:00 Ballet	10:15-11:00 Ballet	10:15-11:00 Ballet
11:00-11:45 Jazz	11:00-11:45 Jazz	11:00-11:45 Jazz	11:00-11:45 Jazz	11:00-11:45 Jazz
11:45-12:30 Lunch & Clean-up	11:45-12:30 Lunch & Clean-up	11:45-12:30 Lunch & Clean-up	11:45-12:30 Lunch & Clean-up	11:45-12:30 Lunch & Clean-up
12:30-12:45 After Lunch Warm-up	12:30-12:45 After Lunch Warm-up	12:30-12:45 After Lunch Warm-up	12:30-12:45 After Lunch Warm-up	12:30-12:45 After Lunch Warm-up
12:45-1:30 Contemporary (Lyrical 1 st wk.)	12:45-1:30 Contemporary (Lyrical 1 st wk.)	12:45-1:30 Contemporary (Lyrical 1 st wk.)	12:45-1:30 Contemporary (Lyrical 1 st wk.)	12:45-1:30 Contemporary (Lyrical 1 st wk.)
1:30-2:00 Conditioning	1:30-2:00 Conditioning	1:30-2:00 Conditioning	1:30-2:00 Conditioning	1:30-2:00 Conditioning
2:00-2:15 Break	2:00-2:15 Break	2:00-2:15 Break	2:00-2:15 Break	2:00-2:15 Break
2:15-3:00 Hip Hop	2:15-3:00 Hip Hop	2:15-3:00 Hip Hop	2:15-3:00 Hip Hop	2:15-3:00 Hip Hop
3:00-3:15 End of day stretch	3:00-3:15 End of day stretch	3:00-3:15 End of day stretch	3:00-3:15 End of day stretch	3:00 Performance prep! Break
3:15-3:45 Outside game	3:15-3:45 Outside game	3:15-3:45 Outside game	3:15-3:45 Outside game	3:30-3:45 Performance!
3:45-4 Clean-up/pack up/pick up	3:45-4 Clean-up/pack up/pick up	3:45-4 Clean-up/pack up/pick up	3:45-4 Clean-up/pack up/pick up	3:45-4 Clean-up/pack up/pick up

The above program is subject to change along with the styles of dance for the various blocks of time.
Parents are welcome to attend the 3:30-3:45 performance on Friday if you can make it!